



JOB DESCRIPTION

Companion Care Assistant

JOB SUMMARY:

An individual who is competent to perform assigned functions of non-medical care to the client in their residence.

QUALIFICATIONS:

1. Must have completed orientation, non-medical training program and competency.
2. Have a sympathetic attitude toward the care of the sick and elderly.
3. Ability to carry out directions, read and write.
4. Maturity and ability to deal effectively with the demands of the job.

RESPONSIBILITIES:

1. Provide companionship to client.
2. Prepare and serve meals and/or snacks.
3. Provide grooming and dressing guidance.
4. Provide light housekeeping.
5. Provide laundry and linen service to include washing, ironing and folding clothes.
6. Provide shopping service to client to include grocery and clothes shopping.
7. Provide incidental transportation for client which includes visits to doctor appointments, friends, family members, or stores.
8. Provide assistance and planning of client's recreational activities and events.
9. May remind client of medications.

10. Record and report changes in the client's physical condition, behavior or appearance to supervisor or Case Coordinator.
11. Document services delivered in accordance with FirstLight Home Care policies and procedures.

WORKING ENVIRONMENT:

Works both indoors in the Agency office and in the field with clients and referral sources.

JOB RELATIONSHIPS:

1. Supervised by: Care Coordinator

RISK EXPOSURE:

High risk

LIFTING REQUIREMENTS:

Ability to perform the following tasks if necessary:

- Ability to participate in physical activity.
- Ability to work for extended period of time while standing and being involved in physical activity.
- Heavy lifting.
- Ability to do extensive bending, lifting and standing on a regular basis.

I have read the above job description and fully understand the conditions set forth therein, and if employed as a FirstLight HomeCare Companion Care Assistant, I will perform these duties to the best of my knowledge and ability.

Date

Signature