2018 Calendar of Health and Safety Observances for Older Adults

can be downloaded from:

<u>TriValley.FirstLightHomeCare.com/SHINES</u>

Month	Observances	Reference Organization
January	Glaucoma Awareness Month	Glaucoma Research Foundation
	Cervical Health Awareness Month	National Cervical Cancer Coalition
	Thyroid Awareness Month	American Association of Clinical Endocrinologists
	National Blood Donor Month	American Red Cross
February	AMD / Low Vision Awareness Month	Prevent Blindness America
	American Heart Month	American Heart Asscoaiton
	National Burn Awareness Week (February 4 - 10)	American Burn Association
	Heart Failure Awareness Week (February 11 - 17)	Heart Failure Society of America
	Muscular Dystrophy Awareness Week (February 13 - 19)	Parent Project Muscular Dystrophy
	World Cancer Day (February 4)	Union for International Cancer Control (UICC)
	Congenital Heart Defect Awareness Day (Febuary 14)	Congential Heart Defects Foundation
March	Brain Injury Awareness Month	Brain Injury Association of America
	Hemophilia Awareness Month	National Hemophilia Foundation
	National MS Education and Awareness Month	Multiple Sclerosis Foundation
	National Nutrition Month	Academy of Nutrition and Dietetics
	National Multiple Sclerosis Week (March 5 - 11)	National MS Society
	National Poison Prevention Week (March 18 - 24)	National Prevention Council
	World Kidney Day (March 8)	International Society of Nephrology
	National Poison Prevention Day (March 19)	National Prevention Council
	American Diabetes Alert Day (March 27)	American Diabetes Association
	Parkinson's Awareness Month	Parkinson's Foundation
April	National Distracted Driving Awareness Month	National Safety Council
	Women's Eye Health and Safety Month	Prevent Blindness America
	World Health Day (April 7)	World Health Organization
	World Parkinson's Day (April 11)	European Parkinson's Disease Association
	Arthritis Awareness Month	Arthritis Foundation
	Amyotrophic Lateral Sclerosis Awareness Month	Amyotrophic Lateral Sclerosis Association
	Better Hearing and Speech Month	American Speech-Language Hearing Association
	Cystic Fibrosis Month	Cystic Fibrosis Foundation
	Hepatitis Awareness Month	Hepatitis Foundation International
	Huntington's Disease Awareness Month	Huntington's Disease Society Of America
May	National High Blood Pressure Education Month	Center for Disease Control and Prevention
	National Stroke Awareness Month	National Stroke Association
	National Osteoporosis Month	National Osteoporosis Foundation
	Older Americans Month	The Administration for Community Living
	National Cancer Research Month	American Association for Cancer Research
	Brain Tumour Action Week (May 6 - 12)	National Brain Tumor Society
	Senior Health and Fitness Day (May 30)	National Health and Fitness Day
	Alzheimer's and Brain Awareness Month	Alzheimer's Association
June	National Safety Month	National Safety Council
	National Cancer Survivors Day (June 3)	National Cancer Survivors Day
July	National Fireworks Safety Month	National Council on Fireworks Safety
	Eye Injury Prevention Month	US Dept of Health & Human Services
	World Hepatitis Day (July 28)	World Health Organization

	National Immunization Awareness Month	National Public Health Information Coalition
August	Cataract Awareness Month	Fellow of American Academy of Optometry
	Safe + Sound Week (August 13 - 19)	Occupational Safety & Health Administration
September	Healthy Aging Month	Healthy Aging
	Pain Awareness Month	American Chronic Pain Organization
	Prostate Health Month	Prostate Cancer Foundation
	Pulmonary Fibrosis Awareness Month	Pulmonary Fibrosis Foundation
	Sepsis Awareness Month	Sepsis Alliance
	Thyroid Cancer Awareness Month	Thyroid Cancer Survivors Association
	National Senior Center Month	National Council on Aging
	Gynecologic Cancer Awareness Month	Foundation For Women's Cancer
	Prostate Cancer Awareness Week (September 16 - 22)	American Cancer Society
	Balance Awareness Week (September 16 - 22)	Vestibular Disorders Association
	Fall Prevention Week (September 22 - 28)	Fall Prevention Center of Excellence
	Grandparent's Day (September 9)	American Grandparents Association
	World Alzheimer's Day (September 21)	Alzheimer's Disease International
	Falls Prevention Day (September 22)	National Council on Aging
	World Heart Day (September 29)	World Heart Federation
	Depression Awareness Month	Anxiety & Depression Association of America
	Breast Cancer Awareness Month	Macmillan Cancer Support + Others
	Healthy Lung Month	American Lung Association
October	Liver Awareness Month	American Liver Foundation
	Chiropractic Health Month	American Chiropractic Association
	Dental Hygiene Month	American Dental Hygienists Association
	National Crime Prevention Month	National Crime Prevention Council
	National Fire Prevention Week (Oct 7 - 13)	National Fire Protection Association
	Respiratory Care Week (October 21 - 27)	American Association for Respiratory Care
	World Mental Health Day (October 10)	World Federation for Mental Health
	National Home Care Month	National Organization for Home Care & Hospice
	National Family Caregivers Month	Caregiver Action Network
November	Alzheimer's Disease Awareness Month	Alzheimer's Association
	American Diabetes Month	American Diabetes Association
	Diabetic Eye Disease Month	Prevent Blindness America
	Bladder Health Awareness Month	National Association for Continence
	COPD Awareness Month	US COPD Coalition
	Pancreatic Cancer Awareness Month	Pancreatic Cancer Action Network
	Pulmonary Hypertension Awareness Month	Pulmonary Hypertension Association
	Mouth Cancer Awareness Week (November 11 - 17)	Mouth Cancer Association
	Veteran's Day (November 11)	US Deptartment of Veterans Affairs
	World Diabetes Day (November 14)	International Diabetes Foundation
	Great American Smokeout (November 15)	American Cancer Society
December	National Handwashing Awareness Week (December 2 - 8)	Henry the Hand Foundation
	Influenza Vaccination Week (December 2 - 8)	Center for Disease Control and Prevention
	Older Driver Safety Awareness Week (December 3 - 7)	American Occupational Therapy Association Inc.



compiled by:







