



FirstLight Home Care of West Suburban Boston  
781-559-0220

## Coronavirus Protocols

*as of 6-2-20*

- Please notify the FirstLight office immediately at 781-559-0220 should you be exhibiting any of the CDC-cited symptoms (chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, fever, cough, or shortness of breath). ***Absolutely Do NOT go*** to a Client if you are experiencing these symptoms.
- All Caregivers must answer screening questions in a call to the Office before they will be permitted to proceed to a shift or visit with their Client. For each client visit, the Caregiver must confirm:
  - That they have no symptoms as cited by the CDC: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.
  - That in the last 14 days, the Caregiver has not had contact with someone with a confirmed diagnosis of COVID-19, or someone **under investigation** for COVID-19, or ill with a respiratory illness.
  - When they are not working, they have **not** left the home and been within six feet of someone without a mask.
- All Caregivers must wear masks in the presence of their Clients. Masks must never be re-used when providing care for *another* Client. As the supply of masks is limited, we are asking Caregivers to re-use their Masks--*for the specific Client only*. Caregivers should keep masks in marked paper bags with the respective Caregiver name, *in the Client's home*. [Note: limited supplies prevent us from providing masks for clients to wear, unless a Client has a positive Coronavirus diagnosis].
- Use 60%+ alcohol-based hand sanitizer BEFORE entering a client's home, and then thoroughly wash your hands with soap and water (for 20 seconds, both sides, between fingers and under nails) as soon as you enter. Follow this procedure when you re-enter a client's residence and even when you are not working for FirstLight—*everywhere you go, anywhere people have been! And do not touch your face!*
- Always practice *social distancing*. Avoid any crowds and keep room occupancy between 4 and 6 people. Stay *6 feet away* from others and wear a mask in indoor and outdoor public spaces. No Handshaking or hugging. Constantly sanitize your hands.
- Before entering client's home, wipe your cell phone thoroughly (screen and back!) with an alcohol wipe. (And wipe your screen even when not working for FirstLight).