

## **In Home Cancer Care To Remain Independent**

The responsibilities of caring for a person with cancer may seem overwhelming at first. There are financial, emotional and physical consequences and a flood of information coming at you all at once.

It is important for many cancer patients to maintain a modicum of control over their treatment care plans since the illness may make them feel out of control. With the advances in medical care, many people can live long, high quality lives with a cancer diagnosis. Our goal at FirstLight HomeCare Omaha is to help the cancer patient and family members remain positive and bring some control to a situation that at first glimpse seems out of control. We can take care of your loved ones in their home, or anyplace they call home.

## **Options for Caregiving**

There are many different options for caregiving that FirstLight HomeCare Omaha can provide. These include:

- **Full time cancer care** – For patients who live alone, have family members that need to work, or whose family lives far away, our caregivers can provide 24/7 care. The beauty of a homecare agency such as FirstLight is you never have to worry if one caregiver gets sick – we have professionals who are ready to step in. Our Omaha in home care services provide around-the-clock peace of mind.
- **Part-time cancer care** – Whether you need caregiving a few hours a day or a few hours a week, our Omaha caregivers can always accommodate your schedule.
- **Respite care** – Caregiving is a demanding job, and you may need a break so you don't get burned out. Our professional and compassionate Omaha caregivers can provide respite care at home or any setting for a couple of hours, an entire day, overnight, or even longer-term if needed.
- **Hospice Care** – In the event that the cancer treatment stop working or remission is no longer possible, our Omaha caregivers can provide end-of-life care during this extremely difficult time.

## **How FirstLight HomeCare Omaha Can Help With Cancer Care**

At FirstLight HomeCare of Omaha, we believe in the team approach, working with doctors, nurses, therapists and family members to coordinate the cancer care your loved one needs. We believe in communication at all times, and have a monitoring tool called Client Care Access to keep everyone informed. We also provide the following cancer care services:

- **Transportation.** Many cancer patients do not want to drive themselves, especially if there is inclement weather or they are facing chemotherapy. Our Omaha caregivers can take them to and from doctor appointments as well picking up and dropping off prescriptions.
- **Medication Reminders.** Though our caregivers cannot administer medications, they can provide regular reminders for oral medications or injections, and can assist with pre-measured medication and the monitoring of side effects or other medical issues.
- **Companion care.** Our compassionate caregivers offer comfort and companionship to people

with cancer who cannot leave the home or be left alone. Our Omaha home health assistants can provide light housekeeping, meal preparation, coordinating schedules, and handling insurance and billing issues.

- **Personal Care.** Many cancer patients have trouble with personal care – bathing, getting dressed, toileting, etc. We help you maintain your dignity and have the ultimate respect for your privacy.
- **Support.** A positive attitude helps set the tone for everything our caregivers do. Cancer patients need emotional and psychological support and may feel angry and depressed. Our caregivers attentively listen to their concerns, opinions and emotions and try and keep them actively engaged and involved in activities.

At FirstLight HomeCare Omaha, our caregivers think of themselves as an extension of your family. We care about the quality of our caregivers because you care enough to invite us into your home—into your life—allowing us to share in all the ups, downs, and joyful moments that make your family unique. And that's a trust we don't take lightly. Ever.