



Aging In Place

*A presentation by
FirstLight Home Care of Glen Rock*

**Join us at the “Moving On” group - open to all widows & widowers: Glen Rock Jewish Center.
Thursday November 19th, 2015, 12:30PM
682 Harristown Rd., Glen Rock**

**This will empower you or your loved ones to stay in
their home after retirement**

Highlights include:

- Living at home & making it your choice
- Maintaining your quality of life & community
- Preparing for the changes in your life, health and environment that occur as you age

Expert info by owner of FirstLight Home Care

FirstLight Home Care of Glen Rock is dedicated to helping older adults enjoy an independent lifestyle in their own homes.

Presenter: Boyd Lowry

Owner of FirstLight Home Care of Bergen County,
Glen Rock

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