

Geriatric Care for Mobile Seniors

If your aging parents are suddenly hospitalized or disabled it can be overwhelming. There may be doctors, social workers, and physical and occupational therapists involved. Whether you live close by or far away, there's the decision of what environment is best ... home care, assisted living, rehabilitation facility, etc. Managing multiple people on top of the stress of these big care decisions can leave you stressed out and spread thin.

That's where FirstLight HomeCare of Mobile comes in. We have the knowledge and experience to coordinate care from multiple sources. We can act as your point person to keep you informed and relay the information that is important for your loved one's quality of life. We can also provide you with referrals for a wide variety of needs from nursing/home health referrals to full service Geriatric Care services. Give us a call and let us take a load off your shoulders; we're here to help.

As more and more baby boomers take care of their aging parents, it's important to have a backup, someone besides yourself who can consistently ensure that your loved one is safe and healthy. Consistent care can prevent [hospital readmissions](#), nursing home admissions and minimize healthcare costs. More importantly, it can give you peace of mind, knowing that your loved one is well cared for every day.

Our Geriatric Care Services

The first step is a free in-home needs assessment with your loved one. During this informal visit, we will discuss what level of care is needed. For example, will your loved one require personal care, [companion care](#), or specialized dementia care? Will the care require just a few hours or up to 24 hours 7 days a week? Together we will consider:

- Development of a personalized care plan
- Special needs assessment and management
- Coordination of care with physicians and other specialists
- Medication management
- Nutrition management including meal preparation
- Pre and post-hospital care coordination
- Safety evaluations to prevent falls
- Caregivers ideally matched to your loved one's needs
- Family respite care
- Shopping, errand and transportation needs
- Household organization needs
- Recreational activities to keep the mind and body strong

We Provide Solutions and Security

When you can't be there, we can. Your time may be split between a job, your own family, plus all your other responsibilities. Our sole responsibility is making sure your loved one is happy, secure and as healthy and active as possible.

Together, we will develop a comprehensive, full spectrum plan to maximize the quality of life for your loved one and contain costs. At FirstLight HomeCare we are honored to help adults of all ages attain their maximum potential, while remaining as independent as possible.